

Appl. No. : 10/559,113  
Filed : April 21, 2006

### AMENDMENTS TO THE CLAIMS

1-74. (Canceled)

75. (New) A smoking cessation kit, comprising:

- a. a first cigarette comprising a tobacco with nicotine levels of 0.01% - 0.57%, as determined by the FTC method; and
- b. a second cigarette comprising a tobacco with nicotine levels of 0.01% - 0.57%, as determined by the FTC method, wherein said second cigarette comprises less nicotine than said first cigarette.

76. (New) A method of making a smoking cessation kit, comprising:

- a. providing a Burley tobacco;
- b. measuring the amount of nicotine in said Burley tobacco;
- c. selecting said Burley tobacco if the nicotine levels are 0.01% - 0.57%, as determined by the FTC method;
- d. blending said Burley tobacco with a second tobacco so as to obtain a desired amount of nicotine in a tobacco blend;
- e. incorporating said tobacco blend into a cigarette; and
- f. incorporating said cigarette into a smoking cessation kit.

77. (New) The smoking cessation kit of claim 75, further comprising health information on the benefits of smoking cessation.

78. (New) The method of claim 76, further comprising incorporating health information on the benefits of smoking cessation into said smoking cessation kit.

79. (New) A method of smoking cessation, which allows an individual to retain smoke intake, oral fixation and taste while gradually reducing the nicotine levels consumed, comprising:

**Appl. No.** : **10/559,113**  
**Filed** : **April 21, 2006**

- a. providing said individual with a cigarette that comprises a Burley tobacco with nicotine levels of 0.01% - 0.57%, as determined by the FTC method;
- b. determining the number of cigarettes smoked per day; and
- c. limiting said individual to no more cigarettes per day than consumed previously.

80. (New) The method of claim 79, further comprising a second cigarette comprising a tobacco with nicotine levels of 0.01% - 0.57%, as determined by the FTC method, wherein said second cigarette comprises less nicotine than said first cigarette.

81. (New) The method of claim 80, wherein said cigarette comprises a blend of Burley and Flue-cured tobaccos.

82. (New) The method of claim 81, wherein said first or said second cigarette comprises a blend of Burley and Flue-cured tobaccos.